



Beresfield Bugle

Beresfield Public School

Live And Learn

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Term 3 Week 2

Monday 27th July 2020

PRINCIPAL TALK

Excursions are Gone!

Although we did our darndest to keep the dream alive for our Year 4 students going to camp and our Year 5 and 6 students going to Canberra, regrettably we have had to make the decision to cancel these excursions. The Dept of Education has maintained restrictions on excursions, and the number of community acquired COVID cases at present means these restrictions aren't promising to lift in the coming weeks. Although disappointing, it's the right decision. Affected families will receive a letter with further details. Thanks for your understanding .

Sickness

Remember not to send students to school if they are unwell, even if they have mild symptoms. Schools will make appropriate arrangements to return students home if they come to school unwell or become unwell at school.

Students should be at school unless:

- ♦ they have a medical certificate which states that they are unable to return to school due to an ongoing medical condition and the expected timeframe
- ♦ they are currently unwell.

Jonathan Ridgway
Principal

This week's focus is: Safe Hands, Safe Feet

When I have safe hands and safe feet:

- ☺ I have a calm body
- ☺ I keep my hands and feet in my own space
- ☺ I keep my own space



Congratulations to Danielle, Hunter, Colby, Corey and Kenrick our weekly focus winners who had their names drawn out of the box.



This Week's Quiz

What does 'hold your tongue' mean?

Write your name and class with the answer on a piece of paper, and post it into the Quiz Box near the principal's office by Thursday morning at 10am.

Book Club-closes Friday 7th August

All orders will need to be placed online with LOOP service. No payments will be accepted at school. You can order on your phone, ipad, laptop or desk computer. A how to guide was emailed with this Newsletter.

Kindergarten 2021

Last week the latest Department of Education guidelines stated that Kindergarten transition activities will remain on hold until further notice. Therefore, our Parent Information Session which was due to be held this Thursday 30th July will now not go ahead. Our Busy Bees playgroup which was due to start on Friday 7th August will also be postponed until further notice.



We will continue to inform you of any updates we receive and what the transition activities will look like for Kinder 2021 as soon as we can. Be sure to continue to check our school Facebook page and ensure your email address is up to date. If you have any questions please don't hesitate to contact the school.

Mikaela Vermeulen
Instructional Leader

Opera Australia: Visiting Performance

O|PERA AUSTRALIA

This year we had Opera Australia booked in to visit our school in Week 9 of Term 2. Unfortunately, due to COVID-19, we were unable to have Opera Australia perform at our school. We have been working with Opera Australia to rebook a date which has been scheduled for Friday 26th March 2021 (Week 9, Term 1). We are very excited that we have been able to confirm this date and more information regarding the performance will be provided at a later date.

Payments that were made for the performance originally in Term 2 of this year, are held as a credit for future excursions/events. These payments can be used for school resources, end of year excursions or any other school expenses for any member of the family. They will appear on statements as an allocated credit. To use these funds just give the school a call and the transfer can be done over the phone. A receipt will then be sent home with your child/children.

Mikaela Vermeulen
Instructional Leader

Last Week's Quiz

What sporting event was supposed to start this Friday in Japan? The Olympics. When will it now be scheduled? 23rd July 2021.

There were no entries this week.

Staff Car park

A reminder that the staff car park is for staff only. Visitors and parents are to park outside the school grounds. Please do not walk through the staff car park gates, enter the school through the main gates. Thanks for your co-operation.



Parking

Please park according to the parking signs when dropping off or picking up students. Parking in 'No Stopping' or 'No Parking' zones or bus zones is not OK, no matter how short a time you are there. Rangers regularly patrol the streets surrounding the school. Please use the designated crossings if parking on the other side of the road, instead of darting across the road with your child in tow. Being a role model for your child is important. Thanks.



No Stopping

You must not stop on a length of road to which a No Stopping sign applies.



No Parking

You may stop in a No Parking zone for a maximum of 2 minutes to drop off or pick up passengers. You must stay within 3 metres of your car at all times.



Parking Signs

Parking signs with specified time limits allow drivers to park their vehicles only within certain time periods.



Bus Zone

You must not stop or park in a bus zone.

Canteen Roster Term 3 2020

Monday 3rd August Tuesday 4th August

Stacey Munzenberger **Kimberly Harris**

Lesa Ashard Lesa Ashard

Carolyn Watt Carolyn Watt

Wednesday 5th August Thursday 6th August

June Coward **Anngell Byers**

Kimberly Harris Gemma Oliver

Kylie Jackson

Lesa Ashard

Friday 7th August

Carol Pirie Maria Warwick

Jan Mullins Jenni Smith

If you are unable to attend on your rostered day, or if you would like to help in the canteen, contact on Jenni Smith 0404 485 512.



Congratulations to the following students who received awards at the last assembly.

KD	Liam G	Cooper C
KL	Finn O	Alex E
1B	Cruze M	Oli B
1S	Lachlan A	Sophie B
1T	Halle B	Ariana D
K/3S	Ethan K	
2M	Cameron M	Ella B
2W	Walter S	Bree R
3/4A	Ryder L	Deshawn M
3/4C	Gabriel S	Aiden B
3/4S	Darcey P	Kaiden S
4R	Xieke R	
5/6E	Joseph F	Oliver G
5/6H	Tyson A	Shelby W
5/6I	Trinity S	Mia S
4/6M	Dylan D	Brock A

Good for Kids good for life

EASY SWAPS IN THE LUNCHBOX

Packing healthy snacks in the lunchbox does not have to be time consuming. Swap from some of these common 'sometimes' lunchbox products to easy alternatives that add extra fibre and nutrition to your child's day:

- Chips → Wholegrain rice cracker bites



- Biscuit and cream cheese snack → carrot sticks and hummus



- Muffin or muffin bar → pikelets



- Tiny teddies → Whole grain fruity bites



Health
Hunter New England
Local Health District

HNELHD-GoodForKids@health.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>

Good for Kids good for life

KEEPING ACTIVE IN WINTER

It can be tempting to let kids spend more time on screens during the winter months, with cooler temperatures and less daylight hours. But keeping active for **at least one hour each day** is still important, and also helps to keep warm!

Try some these activities that can also be done indoors:

- Make up a dance
- Hula hooping or skipping
- Pretend to move like different animals - scuttle side-to-side like a crab or hop like a kangaroo
- Start a family fitness challenge – who can do the most push-ups, squats, sit ups
- Use a pair of socks or balloon to play indoor volleyball, tennis, soccer or football

